

ENERGI-PR-500-SM

Equipment Manufacturer







ENERGI-PR-500-SM







Side A: Dynamic Stretches & Active Movement

Features 24 stretching exercises that are a perfect beginning and ending to any exercise routine.



# **Station 1: Static & Dynamic Stretches**

Equipment Manufacturer



ZZXX0089S

STATIC STRETCHES

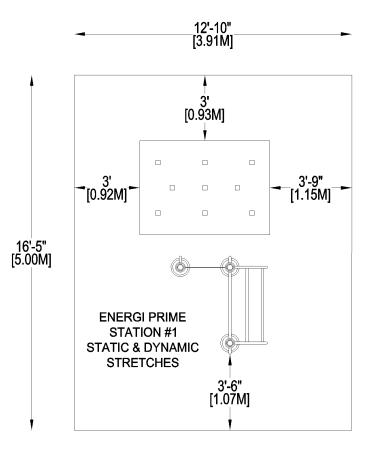
3. 4

A

x . 7



## Side B: Static Stretches





Side A: Angle Bar & Hurdle Exercises

Features 24 exercises including the pullup, chin-up, hurdle dip and hurdle jump.



# Station 2: Pulling Back, Angle Bar & Hurdle Exercises

Equipment Manufacturer

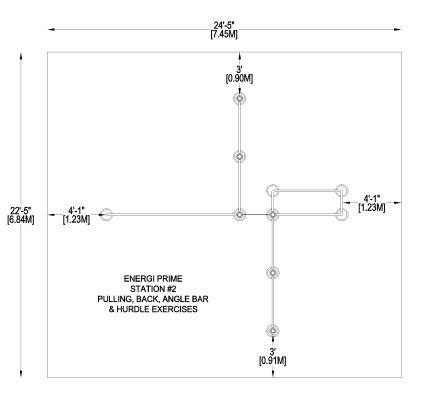


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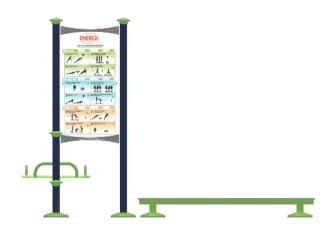
54 1×1



## Side B: Pulling & Back Exercises







Side A: Push-Up & Balance Exercises

Features 24 exercises including the squat, single-leg squat, V-sit, triceps dip, balance beam an push-up.

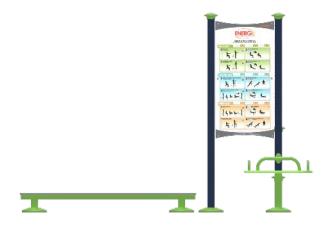


# Station 3: Squat Dip, Push-UP & Balance Exercises

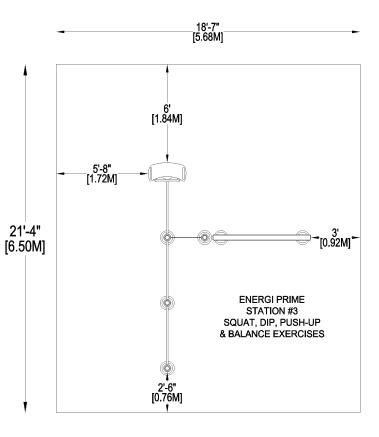
Equipment Manufacturer



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## Side B: Squat & Dip Exercises







Side A: Agility Step Exercises

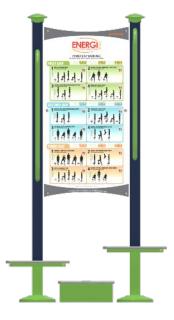
Features 24 Stretching including the step-up, lateral step-up V-step and A-step.



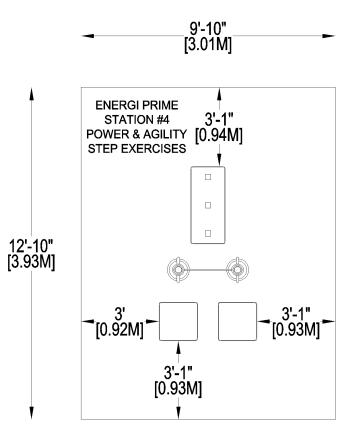
Station 4: Power & Agility Step Exercises Equipment Manufacturer



ZZXX0092S



## Side B: Power Step Exercises







Side A: Stabilizing & Balance Disc Exercises

Features 24 exercises including lunge, plank, sit-up and reverse curl.



Station 5: Core, Torso & Balance Disc Exercises

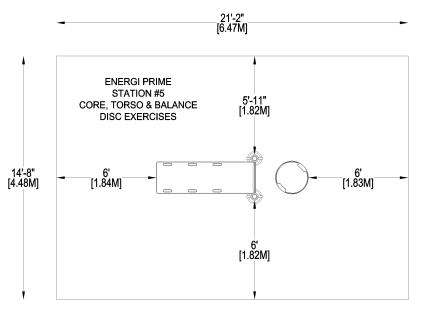
Equipment Manufacturer

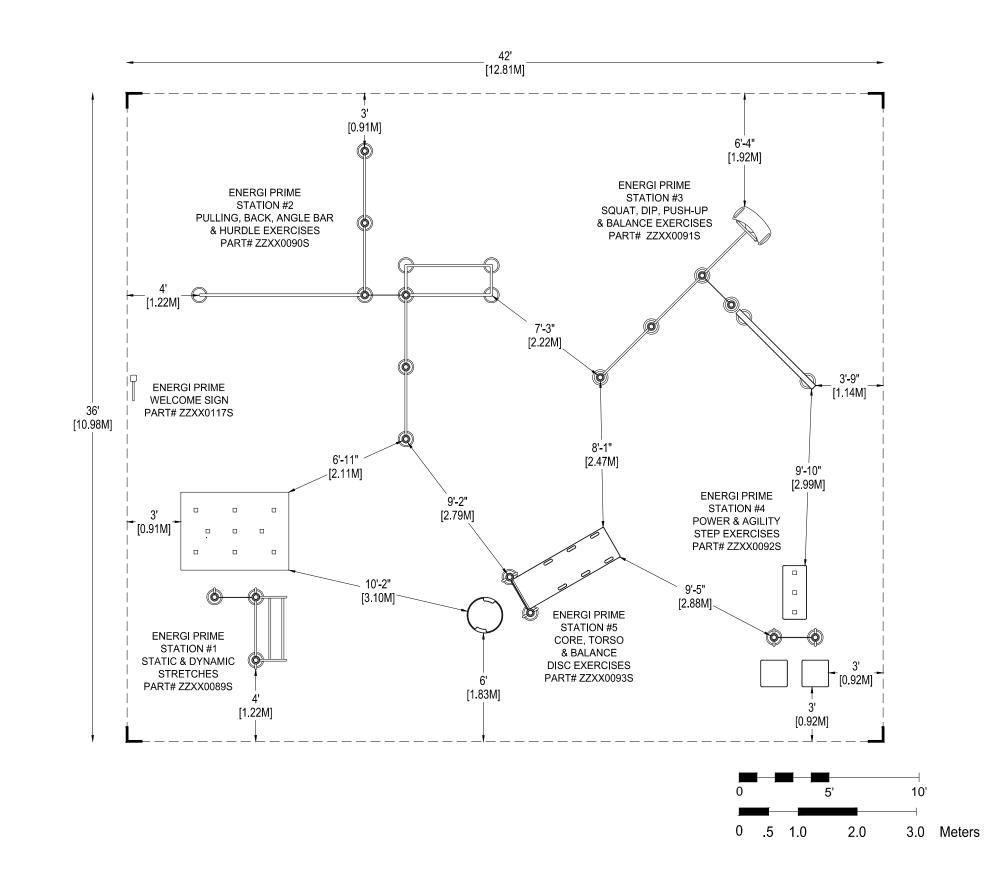


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## Side B: Core & Torso Exercises





\*PLAYGROUND SUPERVISION REQUIRED

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PLAYWORLD SYSTEMS, INC. 1000 Buffalo Road Lewisburg, PA 17837-9795 USA

EQUIPMENT SIZE:

USE ZONE: 42' x 36'

12,81M x 10,98M

AREA: **1,512 SqFt.** 140,47 SqM. PERIMETER: **156 Ft.** 47,55M

FALL HEIGHT:

N/A

USER CAPACITY: **20** 

AGE GROUP:

13+

POST / INSTALLATION: STEEL SURFACE MOUNTED

✓ ASTM F1487-11
 ✓ CPSC #325

M. MERTZ

DATE:

23-MAR-15

 PROJECT NO:
 SCALE:

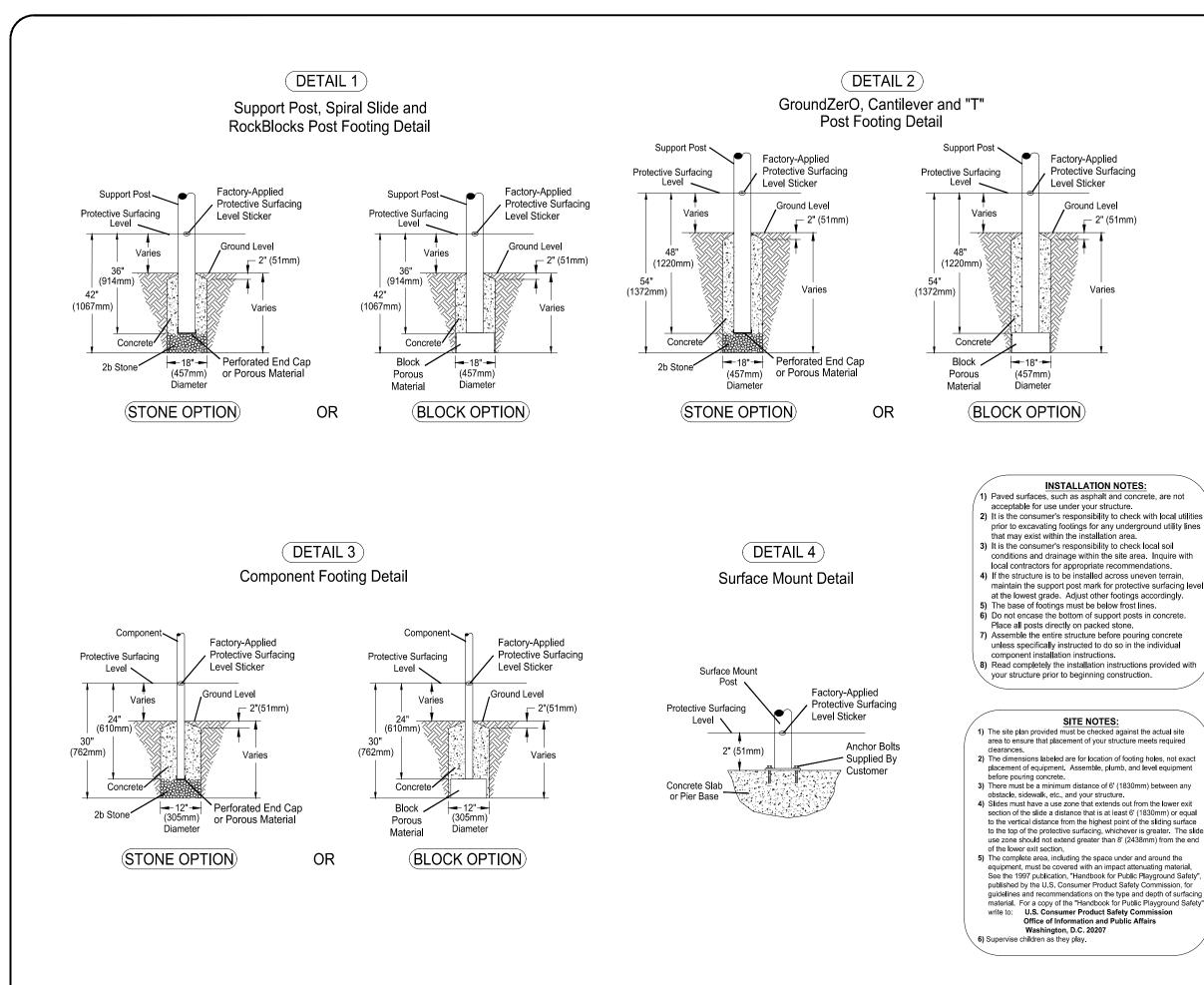
 ENERGI-PR-500-SM
 3/16"=1'-0"

 DRAWN BY:
 Deper Size

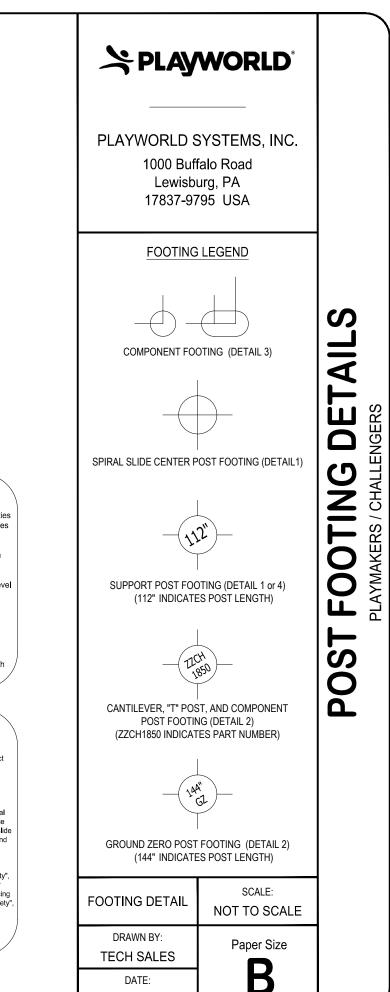
Paper Size

B

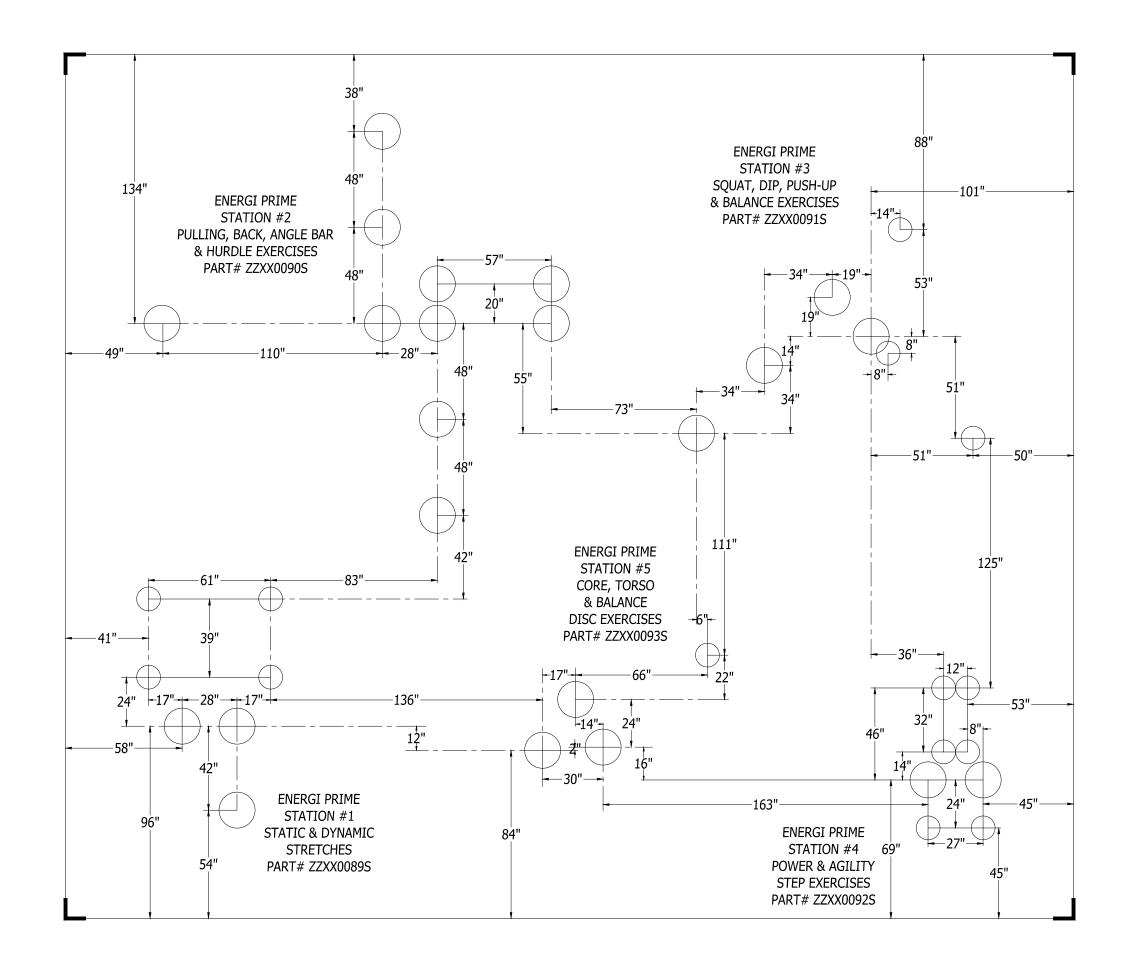
**ATION SYSTEM** S S CATALOG PRE-DESIGN COMP PRIME NERGI Ш



**\*PLAYGROUND SUPERVISION REQUIRED** 



28-JUNE-13



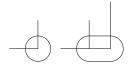
\*PLAYGROUND SUPERVISION REQUIRED



# PLAYWORLD SYSTEMS, INC.

1000 Buffalo Road Lewisburg, PA 17837-9795 USA

## FOOTING LEGEND



COMPONENT FOOTING (DETAIL 3)



SPIRAL SLIDE CENTER POST FOOTING (DETAIL1)



#### SUPPORT POST FOOTING (DETAIL 1 or 4) (112" INDICATES POST LENGTH)



CANTILEVER, "T" POST, AND COMPONENT POST FOOTING (DETAIL 2) (ZZCH1850 INDICATES PART NUMBER)



GROUND ZERO POST FOOTING (DETAIL 2) (144" INDICATES POST LENGTH)

PROJECT NO: ENERGI-PR-500-SM

1/4"=1'-0"

SCALE:

Ш

Paper Size

B

DATE: 23-MAR-15

DRAWN BY:

M. MERTZ



SYSTEM

# **Energy Prime Complete 5 Station System**

Design Number: ENERGI-PR-500SM - Bill Of Material

#### Ref. No. Part No. Description

Quantity



## **Energy Prime Complete 5 Station System**

Design Number: ENERGI-PR-500SM - Compliance and Technical Data Reference Document: ASTM F1487

Ref. No.	Part No.	Qty.	Description	Unit ASTM Status	Total Weight (Ibs)	Pre- Consun Recycled C (Ibs)	ontent	CO2e Footprint (kgs)	Users	Install Hours	Concrete (Yds3)	Active Play Events
1	ZZPG0003	1	ENERGI PROGRAMMING GUIDE	N/A	1.00			TBD	0	0.00	0.00	0
2	ZZXX0089S	1	ENERGI STATION #1 STATIC & DYNAMIC STRETCHES (SURF MOUNT)	N/A	389.60			1,288	4	2.50	0.00	24
3	ZZXX0090S	1	ENERGI STATION #2 PULLING, BACK ANGLE BAR & HURDLE (SURF MNT)	N/A	302.95			1,077	7	2.50	0.00	24
4	ZZXX0091S	1	ENERGI STATION #3 SQUAT, DIP, PUSH-UP & BALANCE (SURF MNT)	N/A	227.47			902	5	3.00	0.00	24
5	ZZXX0092S	1	ENERGI STATION #4 POWER & AGILITY STEP (SURF MOUNT)	N/A	171.34			762	2	2.00	0.00	24
6	ZZXX0093S	1	ENERGI STATION #5 CORE, TORSO & BALANCE DISC (SURF MOUNT)	N/A	179.89			933	2	2.00	0.00	24
7	ZZXX0094	1	ENERGI MAINTENANCE KIT W/ AEROSOL	N/A				83				
8	ZZXX0096	1	ENERGI ADDITIONAL TOOLS & HDWE W/ AEROSOL	N/A	2.15			65	0	0.00	0.00	0
9	ZZXX0117S	1	ENERGI STANDARD WELCOME SIGN (SURF MOUNT)	N/A	40.21			226	0	0.50	0.00	0
10	ZZENGUID	1	ENERGI GUIDELINES	N/A	0.00			TBD	0	0.25	0.00	0
				Totals:	1,314.61	302	578	5,335	20	12.75	0.00	120
					591.57 K	(g 136 Kg	260	Kg 5 Metric Tons			0.00 m3	



## **Energy Prime Complete 5 Station System**

Design Number: ENERGI-PR-500SM - Compliance and Technical Data Reference Document: ASTM F1487

				Pre- Post-					
		Uni	: Total	Consumer	CO2e				Active
Ref.		AST	4 Weight	<b>Recycled Content</b>	Footprint		Install	Concrete	Play
No. Part No.	Qty. Description	State	is (lbs)	(lbs)	(kgs)	Users	Hours	(Yds3)	Events
No. Part No.	Qty. Description	Stat	ıs (lbs)	(lbs)	(kgs)	Users	Hours	(Yds3)	E

## MASTM F1487

The lay-out for this custom playscape, design number ENERGI-PR-500SM, has been configured to meet the requirements of the ASTM F1487 standard. In addition, each of the above components listed as "Certified" have been tested and are IPEMA certified. Components listed as "Not Applicable" do not fall within the scope of the ASTM F1487 standard and have not been tested. IPEMA certification can be verified on the IPEMA website, www.ipema.org. In the interest of playground safety, IPEMA provides a Third Party Certification Service which validates compliance.

#### 2010 ADA Standards for Accessible Design

The lay-out was also designed to meet the 2010 Standards published 15-Sep-2010, by the Department of Justice when installed over a properly maintained surfacing material that is in compliance with ASTM F1951 "Accessibility of Surface Systems Under and Around Playground Equipment" as well as ASTM F1292, "Impact Attenuation of Surfacing Materials Within the Use Zone of Playground Equipment", appropriate for the fall height of the structure.

#### Installation Times

Installation times are based on one experienced installer. A crew of three experienced individuals can perform the installation within the given time, each member working 1/3 of the given hours. [Eg. Installation Time = 30 hours. For a crew of three, each member will work 10 hours on the installation for a total of 30 hours on the project.]

### 👔 Carbon Footprint

The CO2e (carbon footprint given in Kilograms and Metric Tons) listed above is a measure of the environmental impact this play structure represents from harvesting raw materials to the time it leaves our shipping dock. Playworld Systems nurtures a total corporate culture that is focused on eliminating carbon producing processes and products, reducing our use of precious raw materials, reusing materials whenever possible and recycling materials at every opportunity. Playworld Systems elected to adopt the Publicly Available Specification; PAS 2050 as published by the British Standards Institute and sponsored by Defra and the Carbon Trust. The PAS 2050 has gained international acceptance as a specification that measures the greenhouse gas emissions in services and goods throughout their entire life cycle.

### Pre-Consumer Recycle Content

A measurement, in pounds, that qualifies the amount of material that was captured as waste and diverted from landfill during an initial manufacturing process and is being redirected to a separate manufacturing process to become a different product. E.g. 100% of our Aluminum Tubing is made from captured waste material during the manufacturing process of extruded Aluminum products such as rods, flat bars and H-channels.

### Post-Consumer Recycle Content

A measurement, in pounds, that qualifies the amount of material that was once another product that has completed its lifecycle and has been diverted from a landfill as a solid waste through recycling and is now being used in a Playworld Systems' product. E.g. \*\*20% to 40% of the steel in our steel tubing and sheet steel have been diverted from landfills. Automobiles are scrapped and recyclable steel is purchased by the steel mill that produces our raw product.

\*\* The amount of Post-Consumer recycled steel fluctuates daily based on the availability of the recycled steel.

